

References and Guidelines for Citing/ Using the Developmental Information

All the works below are by Pamela Levin. To facilitate citing and crediting these works in referring to materials presented in the above works, consult these sources of first publication. When noting these subjects or works in publications by other authors, use the references below to assure accuracy:

Because these are the original sources of these stages and cycles, please check the dates of later works purporting to be their origin and refrain from perpetuating misidentification, by citing the works below as appropriate.

For images, seek permission from the author, and then site the website yourcycleoflife.com

List of references by subject (subject first published in):

The stages of development:

Levin, Pamela. *Becoming the Way We Are: An Introduction to Personal Development in Recovery and In Life*. Self-published, Berkeley, Ca. 1974.

The developmental affirmations:

Levin, Pamela. *Becoming the Way We Are: An Introduction to Personal Development In Recovery and In Life*. Self-published, Berkeley, Ca. 1974.

The cycle of development (presented in numerous lectures and workshops prior):

Levin, Pamela. *Cycles of Power: A Guidebook for the Seven Seasons of Life*. Self-published, San Francisco, 1980.

The various ways a cycle can repeat:

Levin, Pamela. *Cycles of Power: A Guidebook for the Seven Seasons of Life*. Self-published, San Francisco, 1980.

Bonus Materials for readers of these books by Pam Levin:

The Cycle of Life; Cycles of Power

<http://nourishingcompany.com>; <http://yourcycleoflife.com>

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List of references in chronological order:

1974:

Levin, Pamela. *Becoming The Way We Are: An Introduction To Personal Development in Recovery And In Life*, 91 pages, self-published.

1980:

Levin, Pamela. *Cycles of Power: A Guidebook for the Seven Seasons of Life*, 298 pages, 1st edition, self-published, San Francisco, Ca.

1982:

Levin, Pamela. "The Cycle of Development" **Transactional Analysis Journal**, Vol.12, #2, April.

1984:

Levin, Pamela. *Becoming the Way We Are*, 2nd edition, 120 pages, Directed Media, Wenatchee, Washington.

1986:

French version of *Cycles of Power*--

Levin, Pamela. *Les Cycles de l'identite, Comment se developpent nos competences tout au long de notre vie*, 255 pages, published by InterEditions, Paris, France.

1988:

Levin, Pamela. *Becoming the Way We Are*, 3rd edition, 110 pages, Health Communications, Inc., Deerfield Beach, Florida.

Levin, Pamela. *Cycles of Power: A User's Guide to the Seven Seasons of Life*, 221 pages, Health Communications, Inc., Deerfield Beach, Florida.

French version of "The Cycle of Development:--

Bonus Materials for readers of these books by Pam Levin:

The Cycle of Life; Cycles of Power

<http://nourishingcompany.com>; <http://yourcycleoflife.com>

Levin, Pamela. "The Cycle of Development" **Actualities en Analyse Transactionelle**, The Centre Pour la Formation et L'intervention Psycho-Sociologiques, 1988

Spanish version of "The Cycle of Development"--

Levin, Pamela. "El Ciclo Del Desparrollo Humano" **Las Nuevas Ciencias de la Conducta** Dr. Roberto Kertesz, Editor, IPPEM, Buenos Aires, 1988

2001:

Levin, Pamela. *Cycles of Power: A User's Guide to the Seven Seasons of Life*, 2nd edition, 221 pages, published by The Nourishing Company, Ukiah, Ca. in cooperation with Freemantle Publishing, Australia.

2007:

Levin, Pamela. *Cycles of Power: A User's Guide to the Seven Seasons of Life*, 221 pages, re-published by The Nourishing Company, Ukiah, Ca.

Levin, Pamela. *The Cycle of Life: Creating Smooth Passages in Every Life Season*, 232 pages. Published by The Nourishing Company. Ukiah, Ca.

Note: *The Cycle of Life* contains the original material from *Becoming the Way We Are*, in which most of the above subjects were first published.

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The Cycle of Life; Cycles of Power
<http://nourishingcompany.com>; <http://yourcycleoflife.com>